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# Maternal Perinatal Stress and Adverse Outcomes in the Offspring: Maximising infants' development (TREASURE).

Rafael A. Caparrós González  
Chair and Scientific Representative  
Universidad de Granada



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## ¿Cómo surge la idea de preparar una Acción COST?





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¿Cómo fue el proceso de escribir la propuesta?





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## ¿Cómo fue el proceso de escribir la propuesta?

### 1. ESCRIBIR PROPUESTA 15 PÁGINAS





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## ¿Cómo fue el proceso de escribir la propuesta?

1. ESCRIBIR PROPUESTA 15 PÁGINAS
2. BUSCAR CO-APPLICANTS (33 investigadores)





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## ¿Cómo fue el proceso de escribir la propuesta?

1. ESCRIBIR PROPUESTA 15 PÁGINAS
2. BUSCAR CO-APPLICANTS (33 investigadores)
3. MANDAR PROPUESTA A CO-APPLICANTS





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## ¿Cómo fue el proceso de escribir la propuesta?

1. ESCRIBIR PROPUESTA 15 PÁGINAS
2. BUSCAR CO-APPLICANTS (33 investigadores)
3. MANDAR PROPUESTA A CO-APPLICANTS
4. SUBIR A PLATAFORMA Y ESPERAR





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**srip**

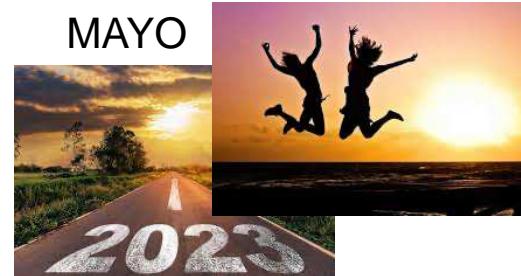
Peripartum Depression

 **DEVOTION**  
COST ACTION CA18211



**2022**

MAYO



**cost**  
EUROPEAN COOPERATION  
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**srip**

Peripartum Depression

 **DEVOTION**  
COST ACTION CA18211



**2022**

MAYO

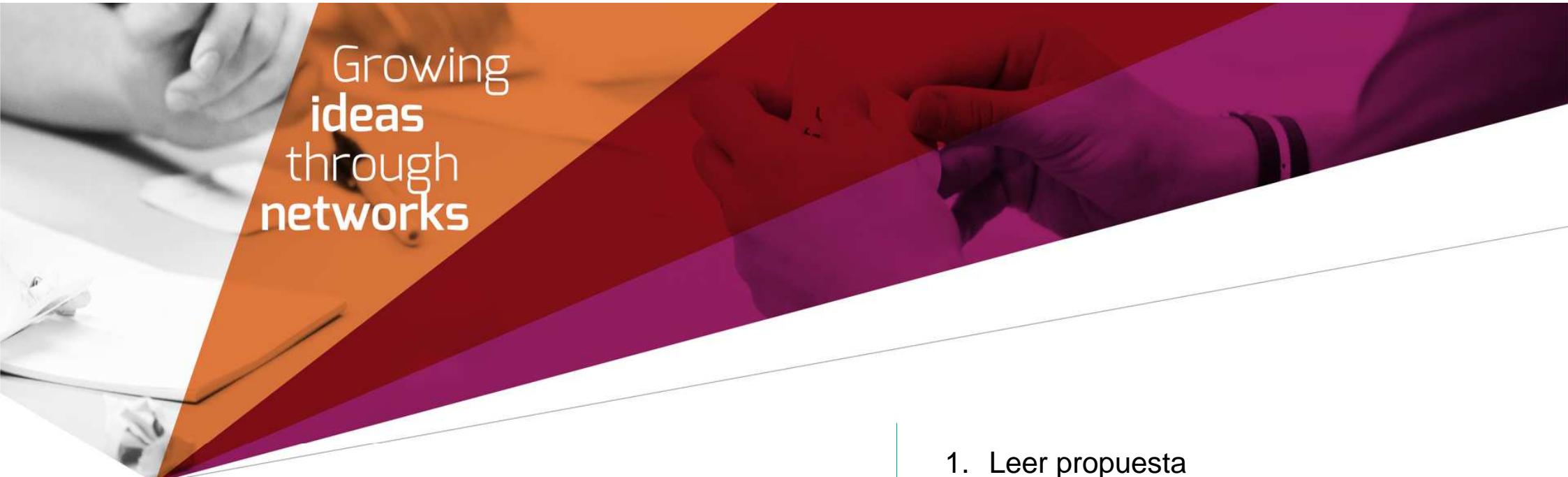


¿Y AHORA QUÉ?

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PRIMEROS PASOS:



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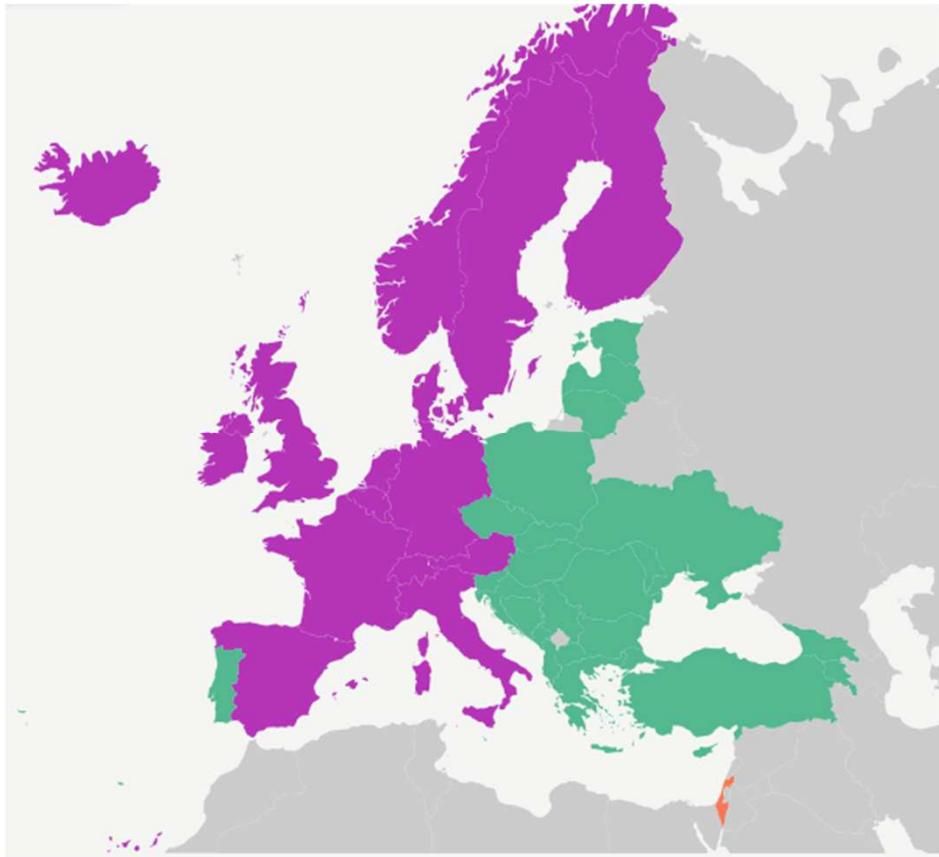
1. Leer propuesta
2. Mucho apoyo desde COST
3. Te guían
4. Muy complejo y mucho trabajo
5. Muchos beneficios



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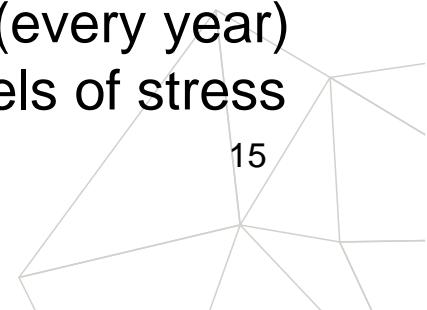
- <https://www.cost.eu/actions/CA22114/#tabs+Name:Description>
- <https://www.treasurecost.eu>





→ 4 million live births/year

↓  
1 million of women (every year)  
suffer from high levels of stress

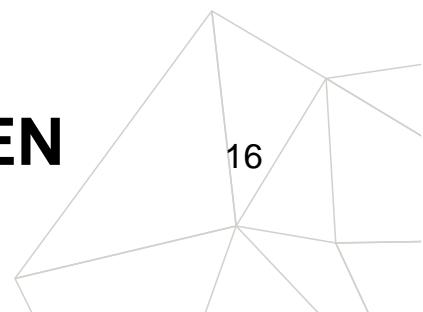




- **Aims (three-fold)**
- 1. Discovering, reviewing and disseminating scientific evidence
- 2. Bringing international research groups together
- 3. Translate scientific knowledge into clinical guidelines

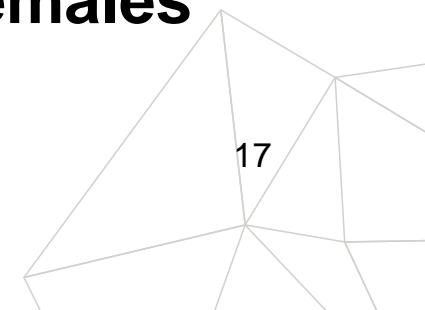


**IMPROVE THE HEALTH OF CHILDREN**





- Action has the following specific objectives:
  1. **to build a definition of maternal perinatal stress**
  2. **to understand risk factors**
  3. **to develop and consolidate (psychological and biological) measures**
  4. **to create and unify global research**
  5. **to advance knowledge on the perinatal susceptibility periods and how stress differently affects males/females**
  6. **Economic costs**
  7. **to disseminate results**





- This COST Action will build a global research network
- 1. To create and consolidate a pan-European network of professionals.
- 2. To promote Early Career Investigators (ECIs)
- 3. To foster knowledge for future generations
- 4. To exchange knowledge and skills through Short-term Scientific Missions (STSM)
- 5. To encourage gender-balanced (and geographically) representativeness
- 6. To translate research into practice

# Deliverables



## 1. WG1: What is maternal perinatal stress?

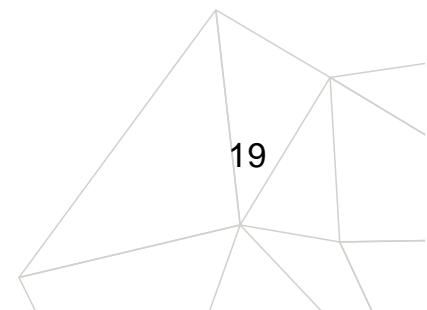
- 3 papers + a psychological measure

## 2. WG2: Biological predictors adverse impact babies

- 3 papers (mathematical, secondary, review)

## 3. WG3: Assessment, measures

- 4 documents (guideline, review)



# Deliverables



## 4. WG4: Reducing the adverse impact

- 2 documents, 2 papers (toolkit, position paper)

## 5. WG5: Economic cost

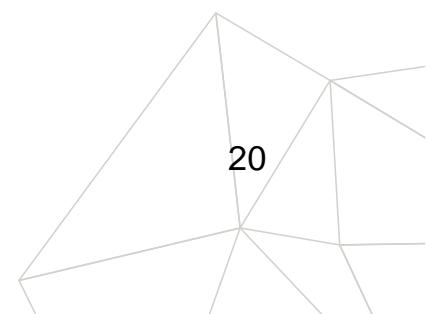
- 2 documents, 1 paper (analysis, position, protocol)

## 6. WG6: Dissemination

- 2 Conferences, documents



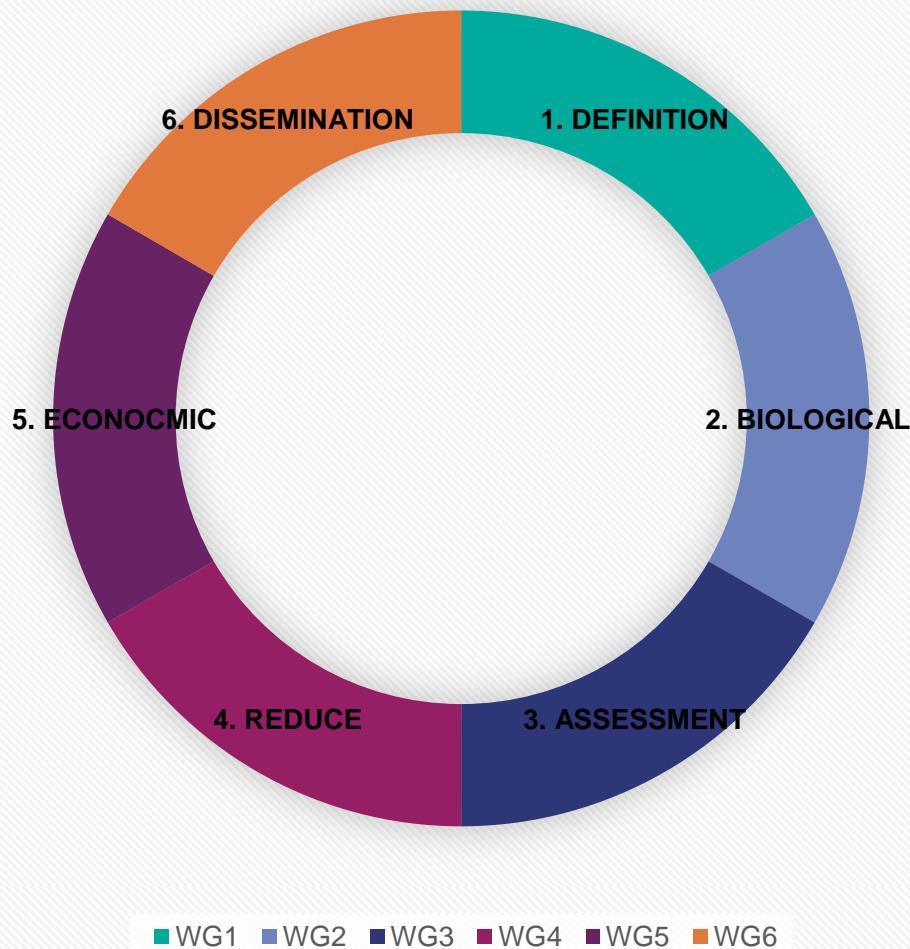
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# Deliverables

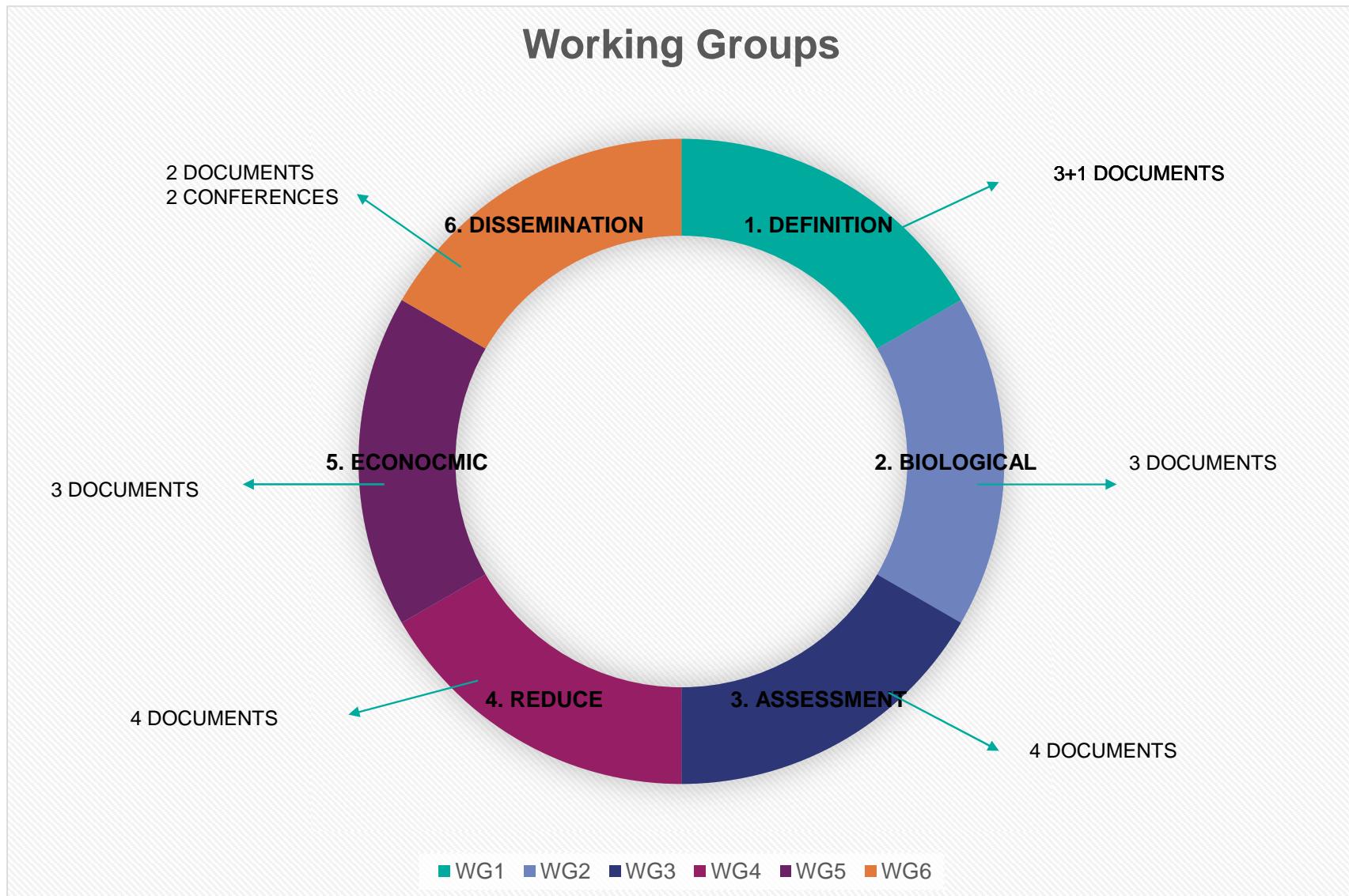


## Working Groups



21

# Deliverables



# Action Structure



# International participation and specific organisations



- MC 32 COST members
  - MC 17 ITC
  - Europe
  - USA
  - Canada
  - Australia
  - Jordan
  - South Africa
- 
- SRIP
  - Marcé



- First Progress Report (PR1): within two weeks after month 12 from the Action start date
- Second Progress Report (PR2): within one month after month 24 from the Action start
- Final Achievement Report (FAR): one month after the end date of the Action.

Prepared in collaboration with the core group, discussed with the MC, and submitted by the Action Chair on behalf of the Action MC



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[rcg477@ugr.es](mailto:rcg477@ugr.es)



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