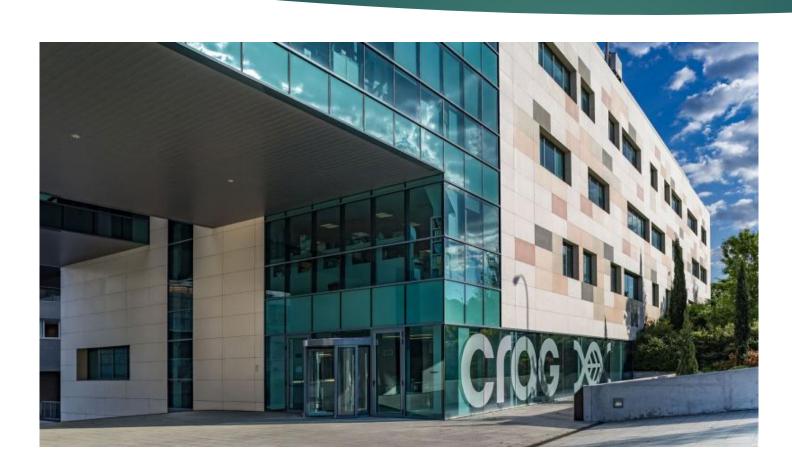
Coaching session ERC StG

IVAN REYNA-LLORENS
CRAG BARCELONA

Disclaimer: All a personal experience so take it with a pinch of salt



- ► ERCStg 2023- METACAM
- LS9

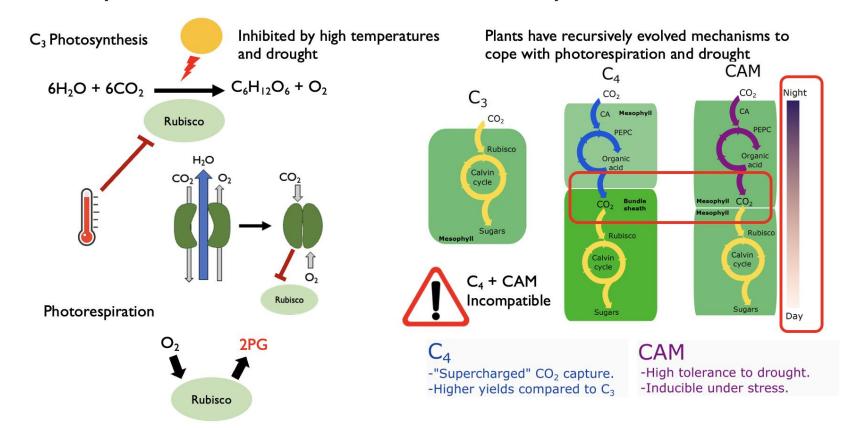
Slides Presentation

The slides

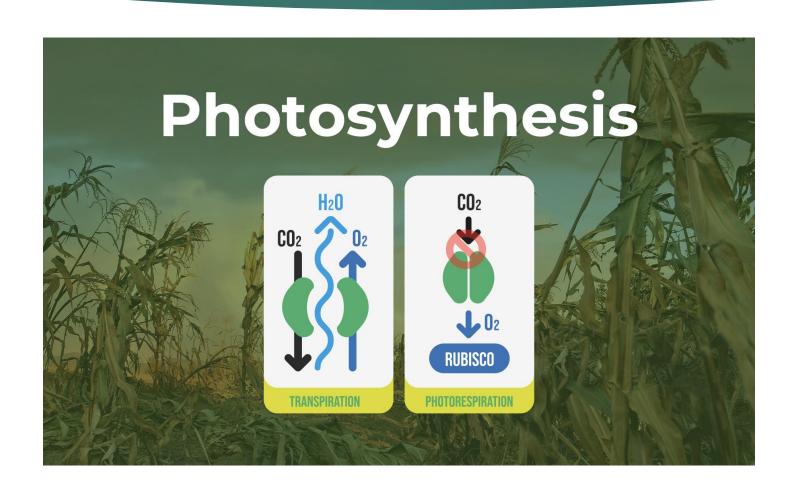
- 7' presentation + 23' Q&A
- Online
- ▶ 14 slides + 10 supps
- Asked for help (Included the use of a graphical designer)
- Practice, practice, practice
- CRAG was very supportive with the whole process

Version 1

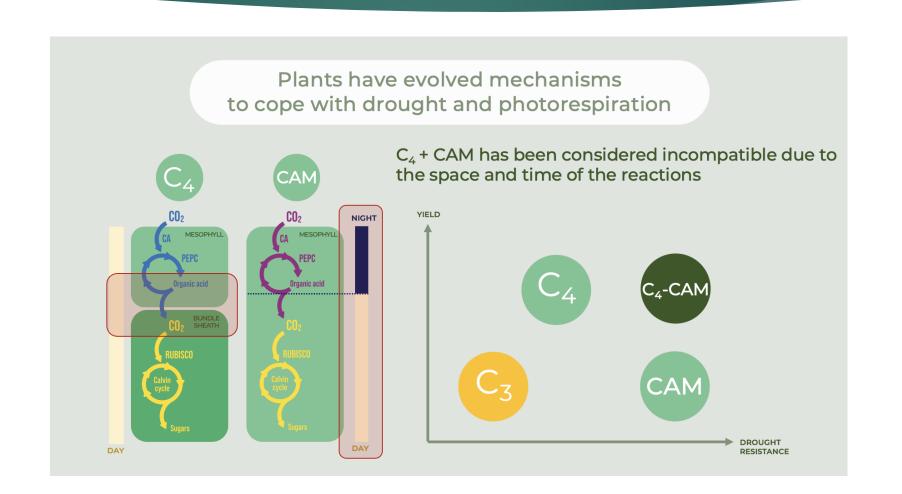
Photosynthesis is one of the main determinants of yield



Version 16



Version 16



What do I mean with practice

- At least twice a day
- ▶ In front of the mirror
- Record yourself
- In front of senior colleagues
- In front of family or friends
- Without slides
- If you know it by heart it is easy to go back in case you get lost and more importantly do it on time

Q&A

- One panel member takes the lead
- ▶ About 24 questions (I tried to have as many questions as possible)
- Practice with collaborators, mentors
- Write up all questions you can think off
- Everybody has their own style of answering, be yourself but be nice!
- Remember you are the expert

The preparation

- ► There are lots of external and internal noises.
- Just focus on your presentation and your project.



Thank you