

Experiencia de participación en acciones COST

Antonio Jesús Meléndez Martínez

Color y Calidad de Alimentos (AGR-225)

Área de Nutrición y Bromatología

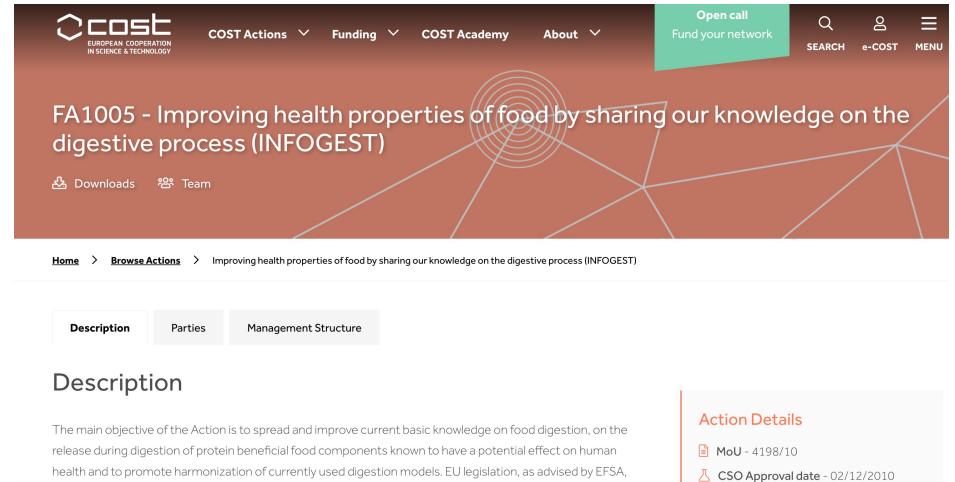
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PRIMERA EXPERIENCIA COST

- Jornada organizada en UCO.
- Participación testimonial en INFOGEST.
- Participación en conferencias.



The screenshot shows the COST Actions section of the website. The main title is "FA1005 - Improving health properties of food by sharing our knowledge on the digestive process (INFOGEST)". Below the title are links for "Downloads" and "Team". The navigation bar includes "Home", "Browse Actions", and "Improving health properties of food by sharing our knowledge on the digestive process (INFOGEST)". A sidebar on the right is titled "Action Details" and lists "MoU - 4198/10" and "CSO Approval date - 02/12/2010".

OTRAS PARTICIPACIONES EN COST

- UNGAP, SEAWHEAT, PIMENTO, PURPLEGAIN.
- Distintos niveles de implicación (“oyente”, reviews, conferencias, liderazgo) dependiendo de los proyectos en curso.
- Aprender, introducirme o profundizar en un tema.



COORDINACIÓN DE UNA ACCIÓN COST

Antecedentes: CYTED-IBERCAROT

- ¡No tirar la toalla!
- Núcleo para solicitar la COST.

Temática: Carotenoides en agroalimentación y salud



The screenshot shows the CYTED website interface. At the top, there is a navigation bar with links to CYTED, OBJETIVOS, ESTRUCTURA, INSTRUMENTOS, IMPACTOS, BIBLIOTECA, CONVOCATORIA, NORMATIVA, and CONTACTO. Below the navigation bar, a breadcrumb trail indicates the current page: Inicio > Redes destacadas 2017 (IBERCAROT). The main content area features a green banner with the text "CAROTENOIDES EN AGROALIMENTACIÓN Y SALUD" and a list of participating countries: España (Coordinador) | Argentina | Bolivia | Brasil | Colombia | Costa Rica | Cuba | Chile | Ecuador | Guatemala | México | Panamá | Perú | Portugal | Uruguay. To the right of the banner is a stylized green leaf logo. The main text on the page discusses the objectives and impact of the IBERCAROT network, mentioning funding from the European Union and various partners.

COORDINACIÓN DE UNA ACCIÓN COST

Preparación de la propuesta

- Idealmente grupo reducido que colabore en la búsqueda de socios, redacción, etc. y que luego tengan puestos relevantes.
- Empezar a buscar socios con meses de antelación
 - asegurar una amplia distribución geográfica.
 - asegurar la participación de otros “stakeholders” SMEs, asociaciones industriales, etc.
- Consultar puntos de contacto nacionales y, sobre todo, hacerles caso.
- Elegir un tema novedoso, evitar duplicidades.
- Mirar MoUs de acciones aprobadas.
- Leer con detenimiento todos los documentos oficiales y no cometer errores que denoten su desconocimiento.
 - Misión, políticas, objetivos, anonimidad, estructuras funcionales ya definidas, etc.

COORDINACIÓN DE UNA ACCIÓN COST

Preparación de la propuesta

- Abordar las políticas y prioridades del programa (inclusión de jóvenes, cooperación, etc.).
- Usar todos los instrumentos para conseguir los objetivos.
- Justificar muy bien la necesidad de la Acción.
- ¿Cómo evaluarán los revisores?
- Destacar la importancia para la sociedad.
- Indicar que mejora capacitación, coordina esfuerzos y crea sinergias.
- Indicar participación de ECI, el equilibrio de género y proponer acciones que los fomenten.
- Tener una buena estrategia de difusión.

S&T EXCELLENCE CRITERIA
Soundness of the Challenge Q1 - Is the challenge relevant and timely? Q2 - Are the objectives presented clear and pertinent to tackle the challenge?
Progress beyond the state-of-the-art and innovation potential. Q3 - Does the proposal advance the state-of-the-art and introduce an innovative approach to the challenge?
Added value of networking Q4 - Is networking the best approach to tackle the challenge? Q5 - What is the added value of the proposed Network in relation to former and existing efforts at European and/or international level?

COORDINACIÓN DE UNA ACCIÓN COST

Gestión

- Pedir consejos a *science and administrative officers*.
- Implicación y profesionalidad de personal del grant holder.
- Aprobar mandatos para:
 - Dotar de mayor capacidad de toma de decisiones al Chair.
 - Que las decisiones más importantes puedan ser tomadas por un grupo reducido de personas.
 - Involucrar en puestos claves a personas que realmente vayan a trabajar por la Acción.
- Combinar experiencia con savia nueva.
- Involucrar activamente a ECIs y estudiantes de doctorado: think tank, MC, difusión, etc.
- Gestión de web y otros canales de comunicación: profesional, rápida respuesta, etc.

COORDINACIÓN DE UNA ACCIÓN COST

Tipos de participantes

- Muchos se unen *a posteriori* una vez que se aprueban las acciones.
- Importancia de gente ajena al tema para enriquecer.
- No sólo se trata de pertenecer al MC.
- Distinto nivel de implicación.
- La mayoría son facilitadores pero hay que estar preparados para tratar con personas de todo tipo.
- Fomentar la participación de jóvenes bajo la dirección de seniors.



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COST ACTION CA15136

**EUROPEAN NETWORK TO ADVANCE CAROTENOID RESEARCH AND APPLICATIONS
IN AGRO-FOOD AND HEALTH (EUROCAROTEN)**

www.eurocaroten.eu

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Nutrition and Food Science, Universidad de Sevilla (Spain)

Chair of EUROCAROTEN



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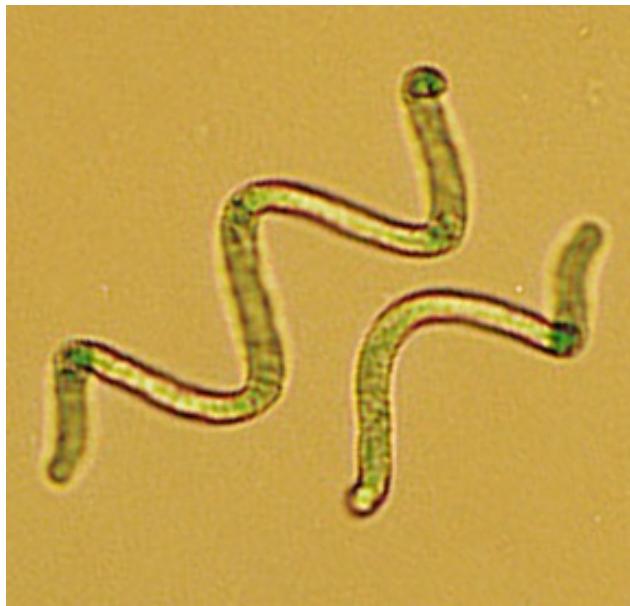


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CAROTENOIDS IN NATURE

Cyanobacteria



Evolution

Humans



Joan Simon, cropped by Perdita
<https://commons.wikimedia.org/wiki/Spirulina#/media/File:Spirul2.jpg>



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CAROTENOIDS IN NATURE

Bacteria, fungi, algae, plants and animals.



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CAROTENOIDS IN NATURE - ACTIONS

Photosynthesis



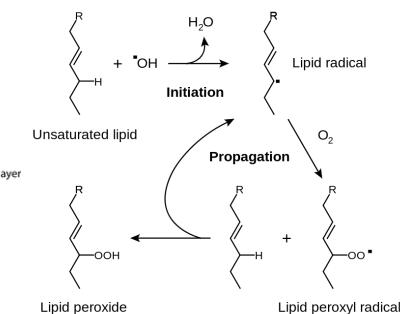
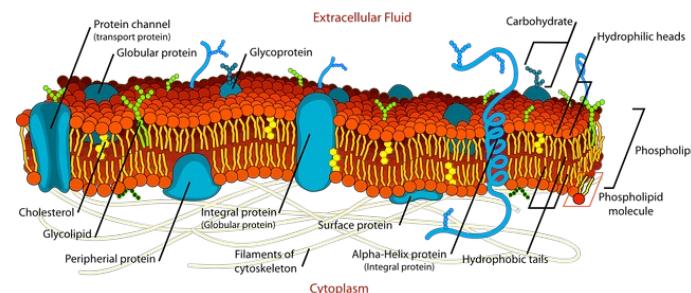
Reproduction



Membrane



Protection against oxidation





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CAROTENOIDS DERIVATIVES IN NATURE – ACTIONS

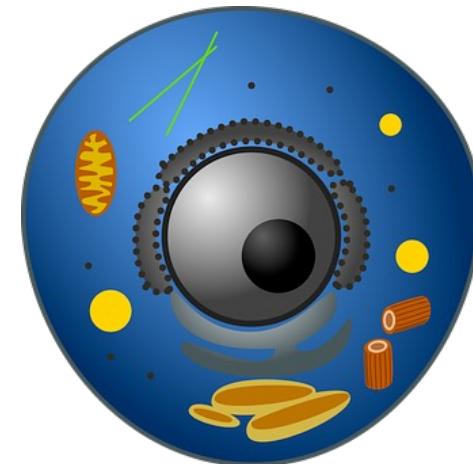
Vitamin A



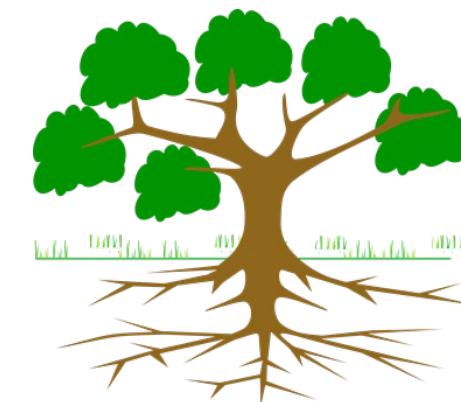
Aromas



Plant hormones



Many others

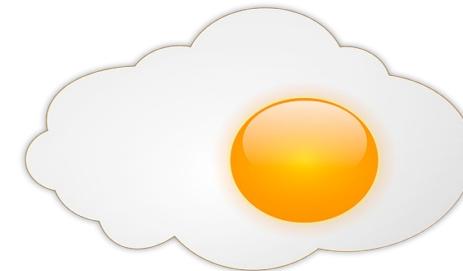


CAROTENOIDS IN THE DIET

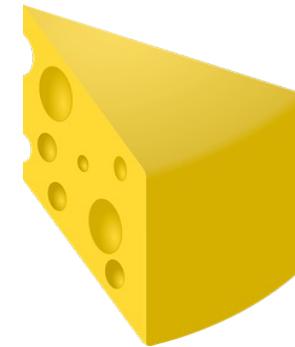
Fruits and vegetables



Eggs



Milk and dairy



Seafoods



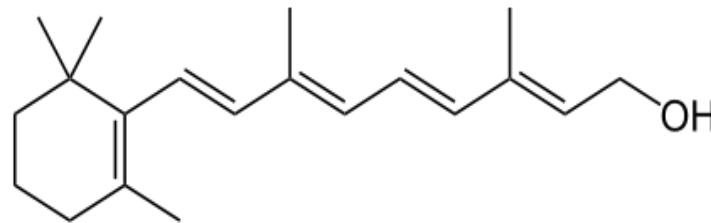
Additives



Supplements

CAROTENOIDS IN FOODS

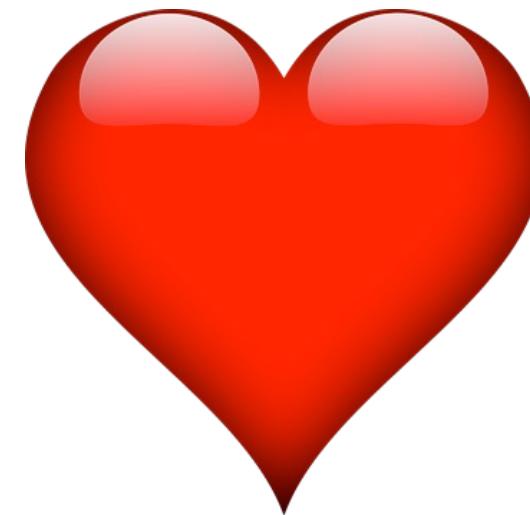
Vitamin A



Colour



Health benefits





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CAROTENOIDS IN FOODS

Yellow, orange and red colours but also in green vegetables



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IMPORTANCE OF THE RESEARCH ON CAROTENOIDS

Photosynthesis



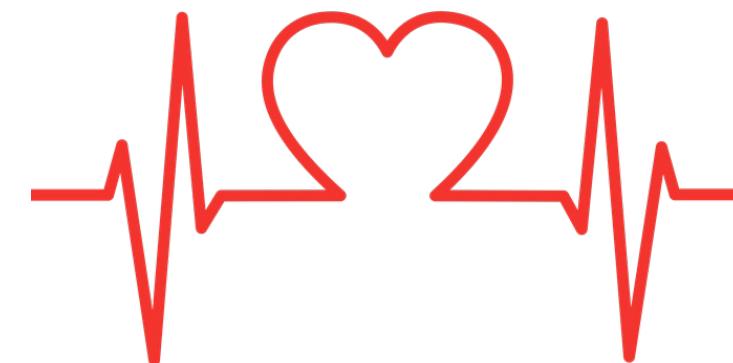
Ecology

Agriculture

Aquaculture

Nutrition

Health promotion



Increase well-being through research and Innovation



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KEY OBJECTIVES OF THE COST ACTION EUCAROTEN

Implement a functional network of stakeholders interested in carotenoids.



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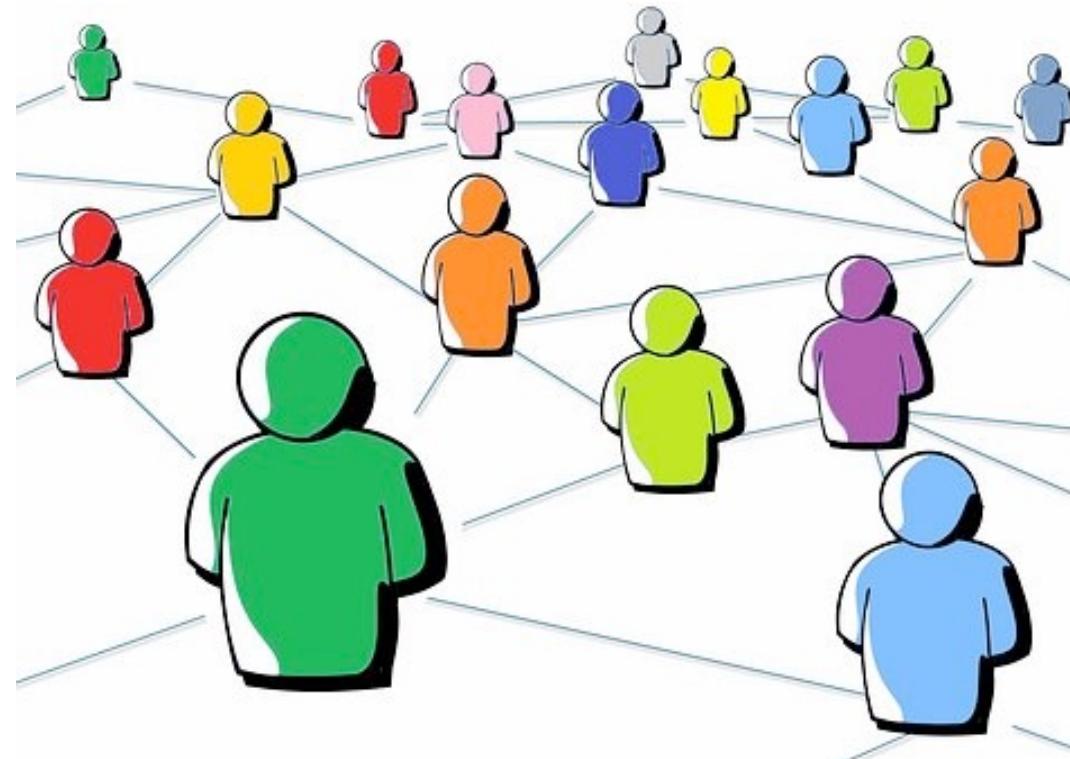


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KEY OBJECTIVES OF THE COST ACTION EUROCOTEN

To dynamize collaborative research and innovation.



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KEY OBJECTIVES OF THE COST ACTION EUCAROTEN

To provide training, especially to the next generation of carotenoid scientists.



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KEY OBJECTIVES OF THE COST ACTION EUROCROTEN

To inform the general public and other actors about their importance.





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EUROCAROTEN 6:39
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