ERC INTERVIEW

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E-Perinatal. Panel SH4
ERC Starting Grant 2021

Proposal

- **Tittle.** "Universal prevention of maternal perinatal mental disorders and its implementation as normalized routine practice" (e-Perinatal)

- **Panel presented.** LS7: Prevention, Diagnosis and Treatment of Human Diseases

- **Date**: 12 April 2021

ERC Interview

Evaluation letter: 8 July 2021

Evaluation panel: SH4 😯

Date interview: 05 October 2021

10.20-11.30 Brussels time

WebEx guidelines

Interview characteristics

- 10 minutes presentation + 15 minutes questions
- Power point
- Movie clips
- Back-up slides NO allowed

Online interview preparation

1. Psychological

2. Resources

3. Feedback & practice

4. Evaluation

5. The online interview

First Step: Psychological

Fears and stress

- I am not good enough, 'The proposal will have many flaws'
- Fears to fail, 'I don't know if I'm going to be able to do it'
- My English is not so good.

Tips:

- Ambition and desire for self-improvement
- Humility (I need peers and experts during the preparation)
- Family support

Second Step: Resources identification

1) <u>Time</u>: meeting with head of the department and delegation of tasks

2) <u>Presentation/Pitch</u>: English teacher and pitch trainer

3) <u>Videoconference</u>

4) <u>Identification of the questions</u>: International experts , other ERC grantees, colleagues in the research group and department.

Tips:

- Prepare an email to send to the experts/other colleges.
- Identify experts from different backgrounds.

Third step: Feedback & Practice

English teacher 1,5h/week and pitch trainer course (FECYT)	Feedback from 6 international experts , 2 ERC grantees, 20 colleagues in the research group and department	Support from IT department from my University

Tips:
- Start as soon as possible
- Present the proposal as much as you can. I presented more that 30 times!!
- Practice in WebEx as the real interview.

Fourth Step: Evaluation

Presentation	Identify main messages for the presentation .
Questions	Final list of the questions: minor and mayor questions .
Online interview	Ensure online interview (Post-it in the computer, Lamp for light)

Tips:
- Take to integrate comments from all
- Concentrate in the main messages and fundamental questions.

The online interview

- **Interviewers**: Panel chair and all the members of the panel (N=18)
  - Panel chair introduced me and explain the process.

- **Presentation was ok**, no questions about it.

- **Questions**:
  - The panel chair did not ask any question, but 1 question per member.
  - Approx.. 12-15 questions.
  - **Topics**: recruitment of the participants, stakeholders, contingency plan, ethical issues, Gantt chart with timing of work packages , etc.

Main questions in the interview & report

NOVELTY

THEORETICAL ISSUES

THANK YOU!

Emma Motrico

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