

# ARISTOS

Postdoctoral Fellowship Research Program in Biomedicine and Health Sciences

Experiencia con el programa COFUND

11 de diciembre de 2023



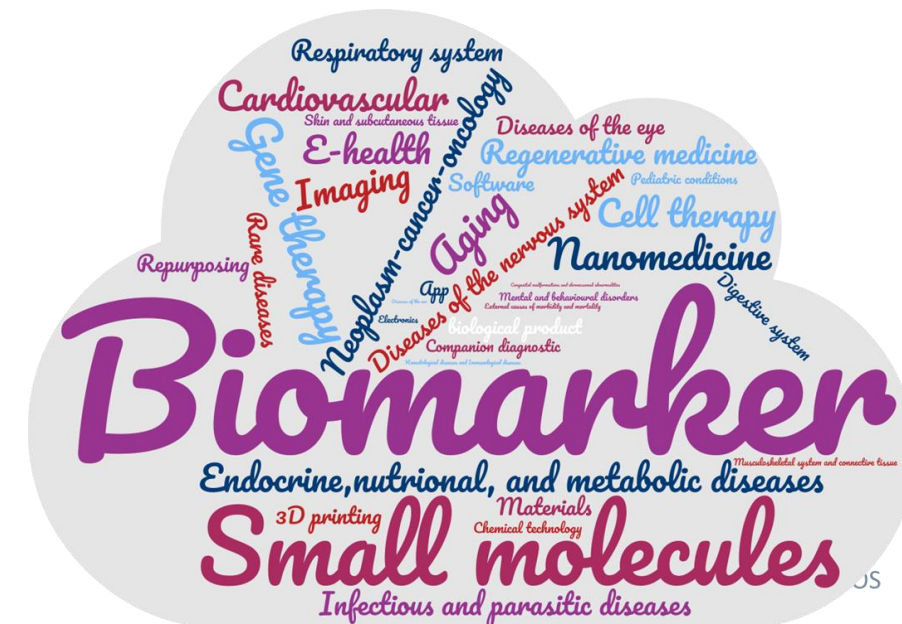
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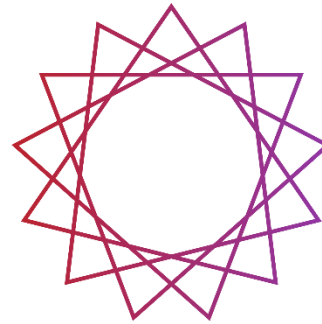
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- Previous experience with COFUND Program
- Perseverance pays off
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# Introduction to ARISTOS and CIBER

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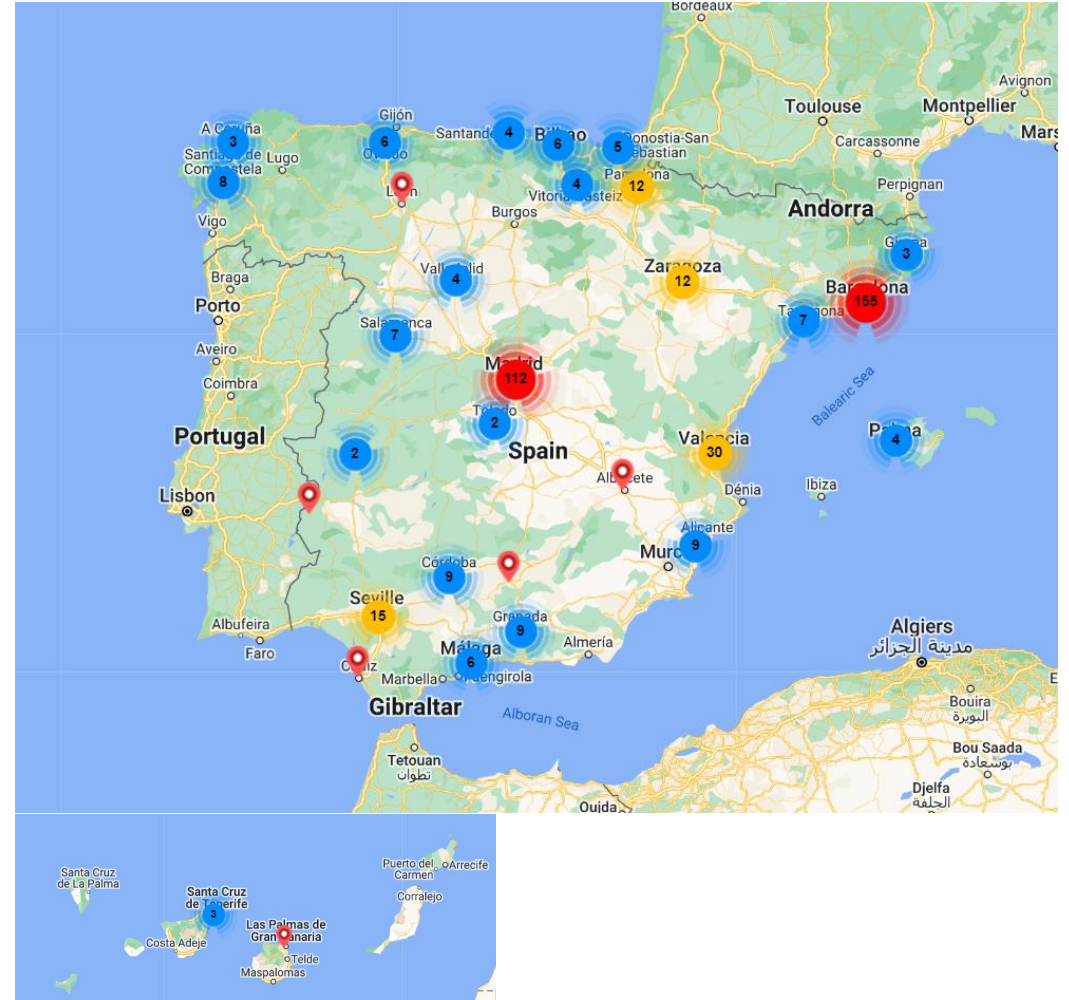


**ARISTOS**

Postdoctoral Fellowship Research Program in Biomedicine and Health Sciences

Information about ARISTOS Postdoctoral Program	
Call funding	HORIZON-MSCA-COFUND-2021
Coordinator monobeneficiary	CIBER: Consorcio Centro de Investigación Biomédica en Red
Areas of research	Biomedical: Bioingeniería, Oncology, Cardiovascular, Diabetes, Rare diseases, Mental Health, Infectious, Epidemiology, Respiratory, Fragility, Neurodegenerative, Digestive, Obesity and Nutrition
Candidates	27 Experienced Researchers (ER)
Employment contracts	3-year contracts
Project starting date	01/06/2023
Project end date	30/05/2028 (5 years)
Project total budget	6,6M€ (EU contribution 3.8M€)

# What is CIBER: Consorcio Centro de Investigación Biomédica en Red



# What is CIBER: Thematic Areas

## *ciber* | SAM

The thematic area of **Mental Health (CIBERSAM)** is made up of 23 clinical, preclinical and translational research groups from...

[Web](#)

## *ciber* | OBN

The CIBER in its thematic area of **Physiopathology of Obesity and Nutrition (CIBEROBN)** is a consortium made up of 33 national work groups of proven scientific...

[Web](#)

## *ciber* | DEM

The CIBER's area of Diabetes and associated **Metabolic Diseases (CIBERDEM)** has the main aim of leading the excellence research effort in diabetes and associated metabolic...

[Web](#)

## *ciber* | BBN

The CIBER's thematic area of **Bioengineering, Biomaterials and Nanomedicine (CIBER-BBN)** is currently made up of 45 research groups...

[Web](#)

## *ciber* | ESP

The CIBER in the thematic area of **Epidemiology and Public Health (CIBERESP)** focusses its work on two key aspects: learning the magnitude and distribution of public health problems...

[Web](#)

## *ciber* | EHD

The CIBER's thematic area of **Liver and Digestive Diseases (CIBEREHD)** has the purpose of promoting and protecting health by furthering research...

[Web](#)

## *ciber* | ER

The thematic area of **Rare Diseases (CIBERER)** created to act as a reference, coordinate and further research...

[Web](#)

## *ciber* | ES

The thematic area of **Respiratory Diseases (CIBERES)**, a multidisciplinary and multi-institutional group, has the aim of fighting respiratory diseases...

[Web](#)

## *ciber* | FES

The CIBERFES, the CIBER's thematic area for **Fragility and Healthy Ageing**, was set up in late 2016 with the aim of...

[Web](#)

## *ciber* | CV

The **CIBERCV (Cardiovascular diseases)** pools the work done by over 480 scientists from 40 excellence research...

[Web](#)

## *ciber* | ONC

**CIBERONC (Oncology)** was created in early 2017 and is made up of 50 research groups from 27 institutions in the consortium...

[Web](#)

## *ciber* | NED

The CIBER for **Neurodegenerative Diseases (CIBERNED)** is made up of 55 research groups, with more than 630 researchers that focus their research on three programs...

[Web](#)

## *ciber* | INFEC

The research area for **Infectious Diseases (CIBERINFEC)** has been launched in 2022 to improve the health of society...

[Web](#)

# What is CIBER: Affiliated institutions

CIBER Affiliated Institutions are academic institutions, hospitals, or research centers, and either way they are committed to providing hosting, support, and coaching to the Fellows (more than 100!)





<http://postdoc-aristos.com/>



[@postdocAristos](https://twitter.com/postdocAristos)



<https://cordis.europa.eu/project/id/101081334>

✉ aristos@ciberisciii.es

ARISTOS | ciber | CENTRO DE INVESTIGACIÓN BIOMÉDICA EN RED | ISCIII Instituto de Salud Carlos III | GOBIERNO DE ESPAÑA | MINISTERIO DE CIENCIA E INNOVACIÓN | MARIE CURIE ACTIONS

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# POSTDOCTORAL PROGRAM IN BIOMEDICINE AND HEALTH SCIENCES

ARISTOS is a strategic program in Biomedicine and Health Sciences, led by CIBER (Consortio Centro de Investigación Biomédica en Red) in Spain, that offers 27 postdoctoral positions for three years each. The program's goal is to provide highly-qualified postdoctoral researchers with opportunities for international, intersectoral, and interdisciplinary research through a competitive recruitment process. The program will have one main call and a reserve call if needed. It will offer excellent and competitive working conditions for Fellows in line with the European Charter for Researchers and Code of Conduct and in compliance with the Spanish legislation for employment contracts.

27 ER positions offered

1st Call (2023)

📅 OPENING DATE: 1st July 2023

📅 DEADLINE: 30th September 2023

ARISTOS CALLS >

FINISHED

European Commission | **CORDIS** | EU research results

English EN

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## ARISTOS Postdoctoral Program in Biomedicine and Health Sciences

Fact Sheet

### Project description

DE EN ES FR IT PL

#### Postdoctoral fellowship in biomedicine and health sciences

Spain's consortium 'Centro de Investigación Biomédica en Red' (CIBER) is a public research entity that funds biomedical research. It promotes research excellence and builds a critical mass of researchers in numerous areas of biomedicine and health science fields. The EU funded ARISTOS project will enable CIBER to provide a postdoctoral programme that will create 27 postdoctoral research staff positions covered in CIBER groups (each for three years). Participants will conduct their research project and approach the private sector by collaborating with companies. Also, training courses for career augmentation, learning new skills and scientific conferences will stimulate the exchange of knowledge and mobility in clinical, academic and private segments.

Show the project objective

#### Programme(s)

HORIZON 1.2 - Marie Skłodowska-Curie Actions (MSCA) (MAIN PROGRAMME)

#### Topic(s)

HORIZON-MSCA-2021-COFUND-01-01 - MSCA COFUND 2021

#### Project Information

ARISTOS  
Grant agreement ID: 101081334

DOI  
[10.3030/101081334](https://doi.org/10.3030/101081334)

EC signature date  
5 December 2022

Start date  
1 June 2023

End date  
31 May 2028

Funded under  
Marie Skłodowska-Curie Actions (MSCA)

Total cost  
€ 0,00

EU contribution  
€ 3 868 560,00

Coordinated by  
CONSORCIO CENTRO DE INVESTIGACION BIOMÉDICA EN RED M.P.  
Spain



# ARISTOS Timeline

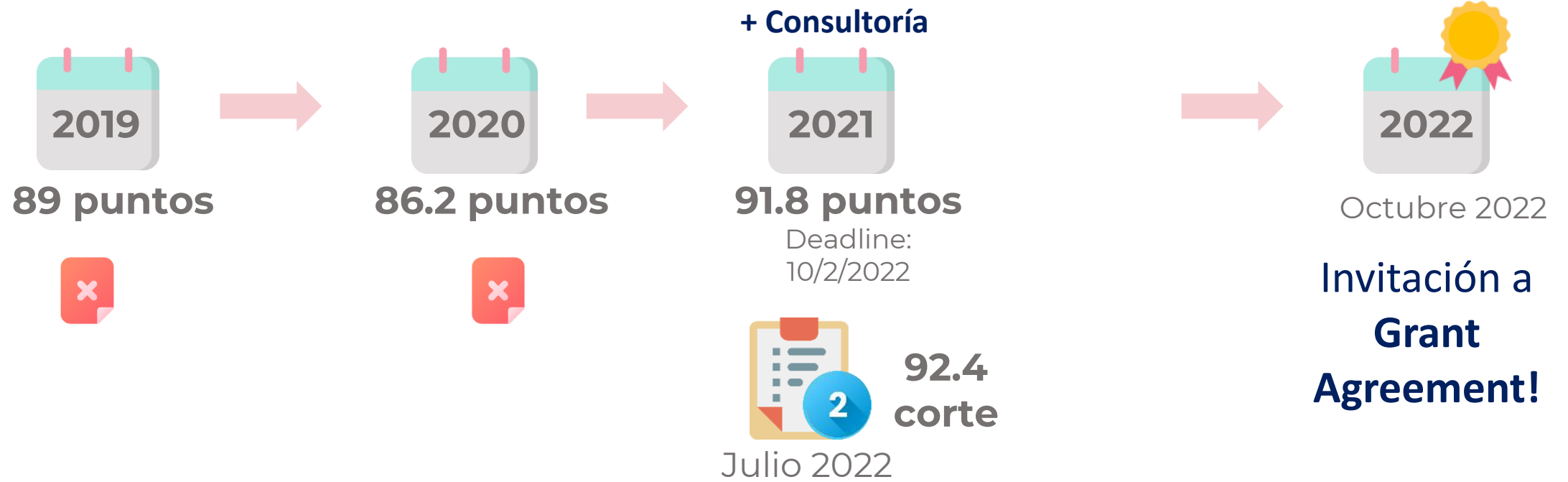


# Conditions of the contracts

	FULL TIME CONTRACT	<b>36 months</b>
	LIVING ALLOWANCE (INCLUDES SOCIAL SECURITY CHARGES)	<b>39.840 €/year</b>
	MOBILITY ALLOWANCE	<b>3.600 €/year</b>
	FAMILY ALLOWANCE	<b>Maximum of 3.600 €/year</b>
	TRAVEL ALLOWANCE	<b>An average of 900 €/year</b>
	SPECIAL NEEDS ALLOWANCE	<b>(if needed)</b>
	RESEARCH COSTS	<b>8.400 €/year</b>
	TRAINING	<b>3.000 €/year</b>

# Perseverance pays off

# Perseverance



# Weaknesses in *Excellence*

*“A detailed and credible training programme for the development of transferable skills is not provided. information on specific training for the ARISTOS group through relevant and meaningful training modules and events is not detailed”*



Detailed activities, with duration, MX, etc.

*“The interdisciplinary, intersectoral and international character of the research carried out in this program is presented as potential, however, it is not ensured that all the candidates can benefit from it.”*



Secondments mandatory

*“The openness and transparency of the recruitment process is not convincing due to the need to identify a mentor and obtain a statement of support prior to actual application.”*



Remove direct contact with potential supervisors

# Weaknesses in *Impact and Implementation*

*“The Key Performance Indicators for impact measures after the programme are not fully developed.”*

*“The low level of travel costs in the budget may limit the opportunities for Fellows to attend high profile international scientific meetings.”*

*“The supervisory board is rather large, considering the size and scope of the programme. A committee of this size might not be the right outfit to be tasked with the conflict management for this programme.”*



Previous: 150€/month  
Current: 250€/month

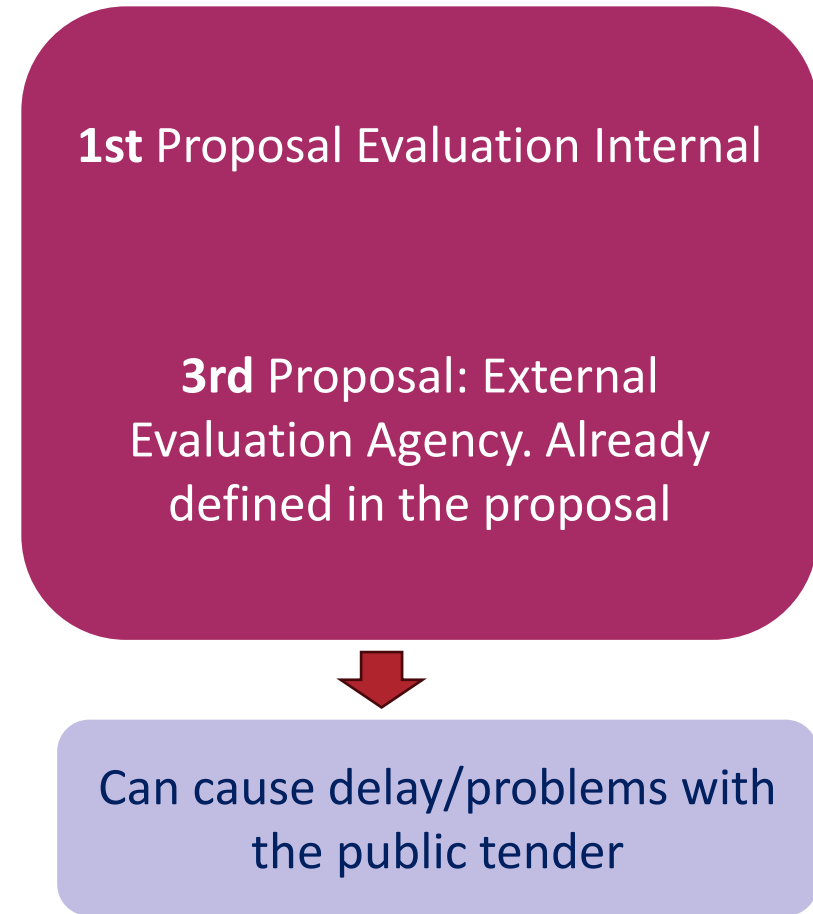
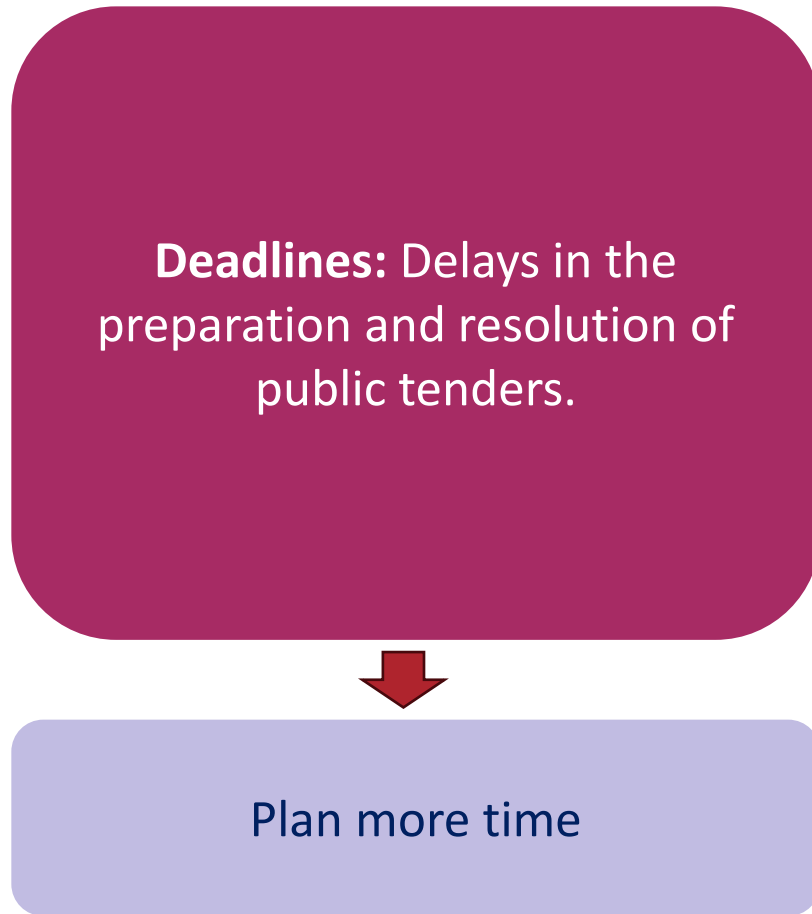


This board will be composed of all the main supervisors and 6 Fellows, representatives vs 10 members

# Learned lessons and improvements

# Learned lessons and improvements

## Deadlines





# Learned lessons and improvements

## Deadlines

Contracts for data protection with the evaluating agency, and committees take time to comply with current legislation.



Plan it

Set deadline times on working days (example, receive proposals on the 30th september, Saturday!)



There can be errors in the server, webs, etc.

# Learned lessons and improvements

## Implementation

Simplify the communication process to the candidates



Email/Intranet (difficult and depends on providers)

Simplify the template for proposals or any required documentation (provide detailed format instructions). Candidates don't read it carefully.



In our case, only 10 out of 39 submitted it correctly.

Detail as much as possible!



Names in committees: Steering, Ethical, Recruitment...it has hard but it's done for implementation

# Learned lessons and improvements

## Implementation

The implementation entails a significant workload (plan and specify in the proposal that there will be personnel specifically dedicated to the project).

Configuration of interview panel, a lot of members => Keep it simple

Start working since the resolution

Ensure that everything is as tightly organized as possible within the proposal (timings, responsibilities, schedule, etc.)

# Learned lessons and improvements

## For the implementation

Involving the entire organization: communication, HR, data protection, ... Ensuring that all departments are familiar with the program so they can contribute from their role.

Explain it in the proposal

Properly assess the number of Fellows requested based on the funding capacity.

Conditions for secondments: Clearly define the conditions for secondments, ensuring no doubts or gaps for candidates: specify which entities are eligible for secondments, duration, .

# Benefits

# Benefits of being a beneficiary of COFUND

- Expanding the personnel- Hiring the ARISTOS project manager.

## **International Collaboration:**

Raising CIBER visibility. Opportunity to engage in international collaboration through hosting postdoctoral fellows from various backgrounds and institutions.

## **Cutting-Edge Research Projects:**

Collaboration with fellows involved in cutting-edge research projects, enhancing the innovative capacity of CIBER.

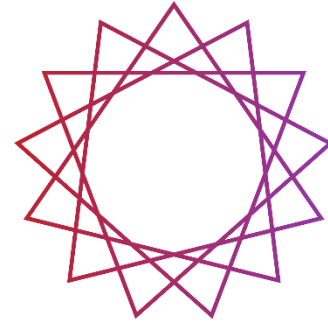
## **Knowledge Exchange:**

Facilitation of knowledge exchange and collaboration with fellows who bring diverse expertise and perspectives.

## **Talent Development:**

Involvement in the professional development and mentorship of early-career researchers, contributing to the talent pipeline in the relevant field.

  
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<http://postdoc-aristos.com/>



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# Thank you!

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# Questions?